

2020-21 Levels will be determined by instructors. Free trial classes available

Color Code : Ballet - *Lyrical* - *Contemporary* - *Tap* - *Jazz* - *Hip Hop* - *Stretch & Strength*

Age-levels	Monday	Tuesday	Wednesday	Thursday	Friday
Ages 3-4		Creative movement 5:00-5:45			
Ages 5 <i>Pre ballet beginner</i>		Preballet 5:45-6:30		Hip Hop 1 4:15-5 Tap 1 5-5:45	
Age 6 <i>beginner</i>		Jazz 2 5-5:45 Preballet 5:45-6:30		Hip hop 1 4:15-5 Tap 1 5-5:45 Tap 2 5:45-6:30 Lyrical 1 -2 7:15-8	
Ages 7-8 <i>Beginner/Int</i>		Jazz 2 5-5:45	Int 8/9 ballet 5:00-6:00	Hip hop 1 4:15-5 Tap 1 5-5:45 Tap 2 6:30-7:15 Lyrical 1 -2 7:15-8	
Ages 9 <i>Beg/Int</i>		Jazz 2 5-5:45	Int 8/9 ballet 5-6:00	Hip hop 1 4:15-5 Tap 1 5-5:45 Tap 2 5:45-6:30 Lyrical 1 -2 7:15-8	
Ages 9 <i>Intermediate</i>	Int 9/13 ballet 5-6:00	Jazz 2 5-5:45		Stretch & strength class	Int 9/13 ballet

<i>*All pointe students require 4 classes 2 ballet + 2 pointe</i>	Int 9/13 Pointe 6-6:30			4:30-5 Contemporary 1 5:45-6:30 Tap 2 5:45-6:30 Hip hop 2 6:30-7:15 Lyrical 1 -2 7:15-8	5-6:00 Pointe 6:00-6:30
Ages 9-13 Beg/Int	Int 9/13 ballet 5-6:00 Int 9/13 Pointe 6-6:30	Jazz 2 5-5:45 Or Jazz 3 5:45-6:30		Stretch & strength class 4:30-5 Contemporary 1 5:45-6:30 Tap 2 5:45-6:60 Hip hop 2 6:30-7:15 Lyrical 1 -2 7:15-8	Int 9/13 ballet 5-6:00 Pointe 6:00-6:30
Ages 12 & up Intermediate Junior	Junior ballet 6:30-7:30 Jr pointe 7:30-8:00 Tap 4 7:15-8 Hip Hop 3/4 7:15-8	Jazz 2 5-5:45 Jazz 3 5:45-6:30		Stretch & strength class 4:30-5 Contemporary 1 5:45-6:30 Lyrical 4 6:30-7:15 Tap 2 5:45-6:30 Tap 3 5-5:45 Hip hop 2	Int 9/13 ballet 5-6:00 Pointe 6:00-6:30 Junior ballet 5-6:00 Jr pointe 6-6:30

				6:30-7:15 Lyrical 3 7:15-8	
Apprentice <u>B</u> ballet <i>advanced</i>	Apprent. B ballet 6:30-7:30 Pointe 7:30-8 Hip Hop 3/4 6:30-7:15 Tap 4 7:15-8	Jazz 4 6:30-7:15	Apprent. B ballet 5:00-6:00 Pointe 6-6:30	Stretch & strength class 4:30-5 Contemporary 1 5:45-6:30 Tap 3 5-5:45 Hip Hop 2 6:30-7:15 Lyrical 3 7:15-8 Lyrical 4 6:30-7:15	
Apprentice A 14 & up Advanced	Apprent. A ballet 5-6:00 Pointe 6-6:30 Hip hop 3/4 6:30-7:15 Tap 4 7:15-8:00 Tap 5 8-8:45	Apprent. A ballet 5-6:00 Pointe 6-6:30 Jazz 4 6:30-7:15 Jazz 5 7:15-8:00		Stretch & strength class 4:30-5 Contemporary 2 5-5:45 Contemporary 1 5:45-6:30 Lyrical 3 7:15-8 Lyrical 4 6:30-7:15 Tap 3 5-5:45	
Seniors	Senior ballet 5-6:00 Pointe 6-6:30	Senior pointe 6:30-7:15	Senior ballet 6:00 -7 Pointe 7-7:30	Stretch & strength class 4:30-5	

	Hip hop 3/4 6:30-7:15 Tap 4 7:15-8 Tap 5 8-8:45	Jazz 5 7:15-8		Contemporary 2 5-5:45 Lyrical 5 8:00-9	
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